

# the Landing<sup>TM</sup>



## Parent Packet



## ***Welcome to The Landing!***

**The Landing** is a Brookwood ministry designed to help students in grades 6–12 find a path to freedom, healing and wholeness as they journey with other students to pursue a relationship with God. This exciting teen support ministry meets each Thursday night at Main Campus 6:30–8:30 pm. Meal available at 5:30 pm.

**The Landing** creates an environment where students can learn to make wise choices and develop healthy patterns for living. It's a safe haven to help overcome life-controlling hurts, hang-ups and habits by providing insights on following God's path to greater freedom in life.

The ministry uses interactive and age appropriate versions of the Celebrate Recovery lessons being explored in the corresponding adult meeting on Thursday nights, giving families the opportunity to discuss what they're learning as they grow closer to God together.

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Our staff and volunteer team are excited about this program! We're confident that students who stay with **The Landing** and actively participate will find a path toward healing. They'll also develop important skill-sets that will benefit them throughout their lives. With these skills, they'll be able to deal effectively with future hurts, habits and hang-ups as they rely on a relationship with Jesus.

If you have any questions about The Landing for your child or Celebrate Recovery, we would love the opportunity to speak with you.

With a Grateful Heart,

***Jody Gibson***

***Associate Care Pastor, Brookwood Church***

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## **A TYPICAL MEETING SCHEDULE:**

**The Landing meets at Main Campus on Thursday nights.**

6:30–8:30 pm – The Landing Meeting

*Large Group Time* – Worship followed by teaching and interactive learning.

*Small Group Time* – Girls and boys are separated by age and gender into discussion groups. Every group will have an adult leader present to help facilitate the group.

*Hang Out Time* – After small group, we invite kids to hang out with the other kids at The Landing. This can be an important step in learning to develop healthier peer relationships.

The core curriculum and discussions end around 8:15 pm. As a courtesy to our adult volunteers, we ask that you promptly pick up your child *no later than 8:45 pm* each Thursday.

## **GENERAL POLICIES AND HELPFUL INFORMATION:**

*Privacy:* What's shared in the group stays in the group. Parents will not be notified of what a student shares unless a student reports he or she has been or will be harmed.

*Leaders:* All leaders have background checks and are interviewed prior to being allowed to work in The Landing.

*Students will have a leader of the same gender.* While we encourage leaders to make themselves available to students outside The Landing meetings, it is not required. Please feel free to contact Brookwood Care Ministries at 864.688.8355 should your teenager need to speak to a leader or if they need additional support outside of The Landing's normal meeting times.

*Adult Visitors:* Because we place a high value on the safety of students, adults who are not part of The Landing leadership team are not allowed into The Landing. To keep this a safe place for students to share, this policy includes parents who are not approved volunteers.

*Attendance:* While we encourage students to attend each week, we realize students may have other events that require them to miss from time to time. Every week a student doesn't attend, he or she will miss out on an important element of dealing with life's hurts, habits and hang-ups. Please encourage your son or daughter to be as consistent as possible in attending The Landing.

Please be aware that we do not patrol the Brookwood campus to ensure students are not skipping The Landing meetings. Additionally, we can't physically force students to stay in The Landing. Security staff is on campus and can contact our pastors and volunteer leaders when a student is seen loitering around the campus, but *we can't force the students to attend. Students must be responsible.* As a parent if you question your student's likelihood to attend, it might be a good idea to accompany them to The Landing doorway to ensure they go inside.

## **FAQ's FOR THE LANDING:**

### **Is there a fee for students to attend The Landing?**

**No.** There is no charge to attend The Landing. A Student Journal may be purchased at no charge and used to record thoughts throughout the lessons. Students who choose to use a journal should bring them each Thursday night.

### **Is there a way for parents to help with The Landing outside the weekly meeting?**

Since we are purposeful in creating an interactive learning environment, we often need supplies for activities. We welcome parents contributing items for upcoming projects. For a list of items needed each week, please contact us at: 864.688.8355 or email [thelanding@brookwoodchurch.org](mailto:thelanding@brookwoodchurch.org)

### **Will there be special events for students to attend outside The Landing?**

The Landing is part of the larger Brookwood family. We encourage students participating in The Landing to also get involved with our *Middle School* and *High School* ministries by attending those weekend services and special events. Leaders from The Landing who are available for these events may also serve as volunteers.

Some leaders from The Landing may (but are not required to), plan special events with their small groups throughout the year.

### **Does The Landing offer counseling?**

The Landing is not a counseling program. It's a teen support and discipleship group. We do realize, however, that students and families may need additional support outside The Landing, and we encourage you to contact Care Ministries at 864.688.8355 so we can help you make a plan that's right for your family.

## **CELEBRATE RECOVERY AND THE LANDING:**

The Landing is part of the Celebrate Recovery collection of programs designed with the entire family in mind. In an attempt to assist his own family, Pastor John Baker started developing the ministry in 1991 at Saddleback Church. As a result, this program has now touched millions of lives around the world. The Landing is built on the same principles as Celebrate Recovery. As we stated above, it uses age-appropriate versions of the lessons used in the CR meetings. The yearly calendars even mirror one another so entire families can discuss what they're learning if the parents choose to attend Celebrate Recovery.

On average, more than 65% of those attending Celebrate Recovery programs are seeking freedom from something other than chemical addiction. The Landing for students (grades 6-12) and Celebrate Recovery for adults work together to help individuals overcome any kind of hurt, habit or hang-up as we journey together in pursuing a relationship with God. From anger to food issues, chemical addiction to peer pressure and codependency, CR and The Landing create a safe place to learn how to live in a fallen world, heal broken relationships and live healthy lives.

For more information on Celebrate Recovery visit: [brookwoodchurch.org/celebraterecovery](http://brookwoodchurch.org/celebraterecovery)

### ***Success Stats since Celebrate Recovery began at Saddleback in 1991:***

1. Over 17,000 people at Saddleback Church have completed the program and have found victory from their hurts, hang-ups and habits through Christ's power.
2. Celebrate Recovery is now in more than 29,000 churches around the world and millions of people have found healing. Brookwood started Celebrate Recovery in 2003 and we now have an average attendance of over 100 weekly participants.
3. Celebrate Recovery is also used in prisons and recovery houses throughout the country with great success. Inmates who are released after going through Celebrate Recovery Inside program have a much lower recidivism rate than those who have. Brookwood Celebrate Recovery is honored to facilitate meetings at Perry Prison, Serenity Place (a residential treatment center for pregnant women, young mothers, and their preschool-age children), and The Carolina Center for Behavioral Health.

We're happy to bring the strength of Celebrate Recovery into the lives of students through The Landing at Brookwood Church. It's our hope as we provide this program for students that their lives will be forever changed and redirected towards Jesus Christ.

**Life Hurts. God Heals. Discover How.**

**Contact Information:**

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